

**CML**  
COLORADO MUNICIPAL LEAGUE

**CML 96<sup>th</sup> Annual  
Conference**

June 19-22, 2018  
Vail

Empowered cities and towns, united for a strong Colorado.  
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**HEAL Cities & Towns Campaign: Celebrating Five  
Years of Success and Looking to the Future**

Wade Gandee, City of Sterling  
Amber Wesner, City of Golden  
Virgil Turner, City of Montrose  
Julie George, LiveWell Colorado

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**Healthy Out of School Time  
Lunch Program**

*Wade Gandee, Director of Parks, Library  
and Recreation*

**STERLING**  
A Colorado Treasure

*Heal "Active" Community*



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## HEAL Cities & Towns Campaign





### HEAL "Elite" Community

Amber Wesner, City Planner


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## Healthy Eating Policy

- ❖ Urban Agriculture Regulations
  - Supplemental Nutrition Assistance Program
    - Encourage rather than regulate
  - Consider green grocers, mobile produce
  - Neighborhood Farmers' Markets
- ❖ Healthy Vending
  - 100% USDA Healthy Snacks In Schools
- ❖ Sustainability Requirements at Site Plan
- ❖ Healthy Corner Store Initiative
  - Pilot program with market in food desert



Natural Grocer's Community Garden

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 **Healthy Eating**




Community Farmers' Market-SNAP Required      Neighborhood Farmers' Market

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 **Healthy Eating** 




Green Grocer      Healthy Corner Store

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 **Active Living Policy**


- ❖ Safe Routes to Schools
  - Education Program
  - Transportation Plan
  - MTAB
- ❖ Complete Streets
  - Heritage Road
  - Washington Ave
- ❖ Sustainability Requirements at Site Plan
- ❖ Silver Bike Friendly Community





City of Golden Kids Bike Rodeo

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 **Active Living**

Shelton Elementary Walking School Bus      Safe Routes to School Signage

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 **Active Living**






Heritage Road Complete Street      6th & 19th Street Interchange and Park

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 **Active Living**





OFO Bike Share      Golden Bike Library


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 **Active Living**



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**Workplace Wellness**



Free Community Center Membership for Employees    City Vending USDA 100% Healthy Snacks

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**HEAL Cities and Towns Campaign**



*Virgil Turner,  
 Director of Innovation and  
 Citizen Engagement*

*City of Montrose*


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**Montrose, Colorado  
 HEAL "Elite" City**


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**HEAL Cities and Towns Resolution**

**RESOLUTION NO. 2015 - 10**


**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MONTROSE, COLORADO, JOINING LIVEWELL COLORADO'S HEALTHY EATING, ACTIVE LIVING CITIES AND TOWNS CAMPAIGN AND SETTING FORTH THE CITY'S COMMITMENT TO OBESITY PREVENTION**




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**Active Community**



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### Active Community



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### Active Community



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### Active Community



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### Healthy Food Access



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### Healthy Food Access



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## Healthy Food Access




A group of children are gathered around a garden bed, looking at a book held by one of the children. The garden has several raised beds and arches for climbing plants.

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## Workplace Wellness




A collage of images showing an indoor swimming pool with people swimming, a climbing wall, and a pool table.

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## Workplace Wellness




A golf course with several golf carts parked on a path near a pond. A person is walking on the path.

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An aerial view of a park with a winding river, a bridge, and a large green field.

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