

Elected Leaders Collective



Healing Our Politics

info@electedleaderscollective.com

5600%

83%

810%

75%

230%



ST. BERNARDS AUDITORIUM

560 83 81 75 23





Mental Health

"The state of being aligned,
connected, and safe with self, others,
and environment."





The challenge is not in the way.

The challenge **IS** the way.



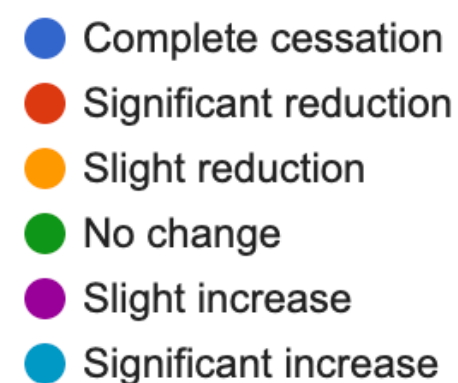
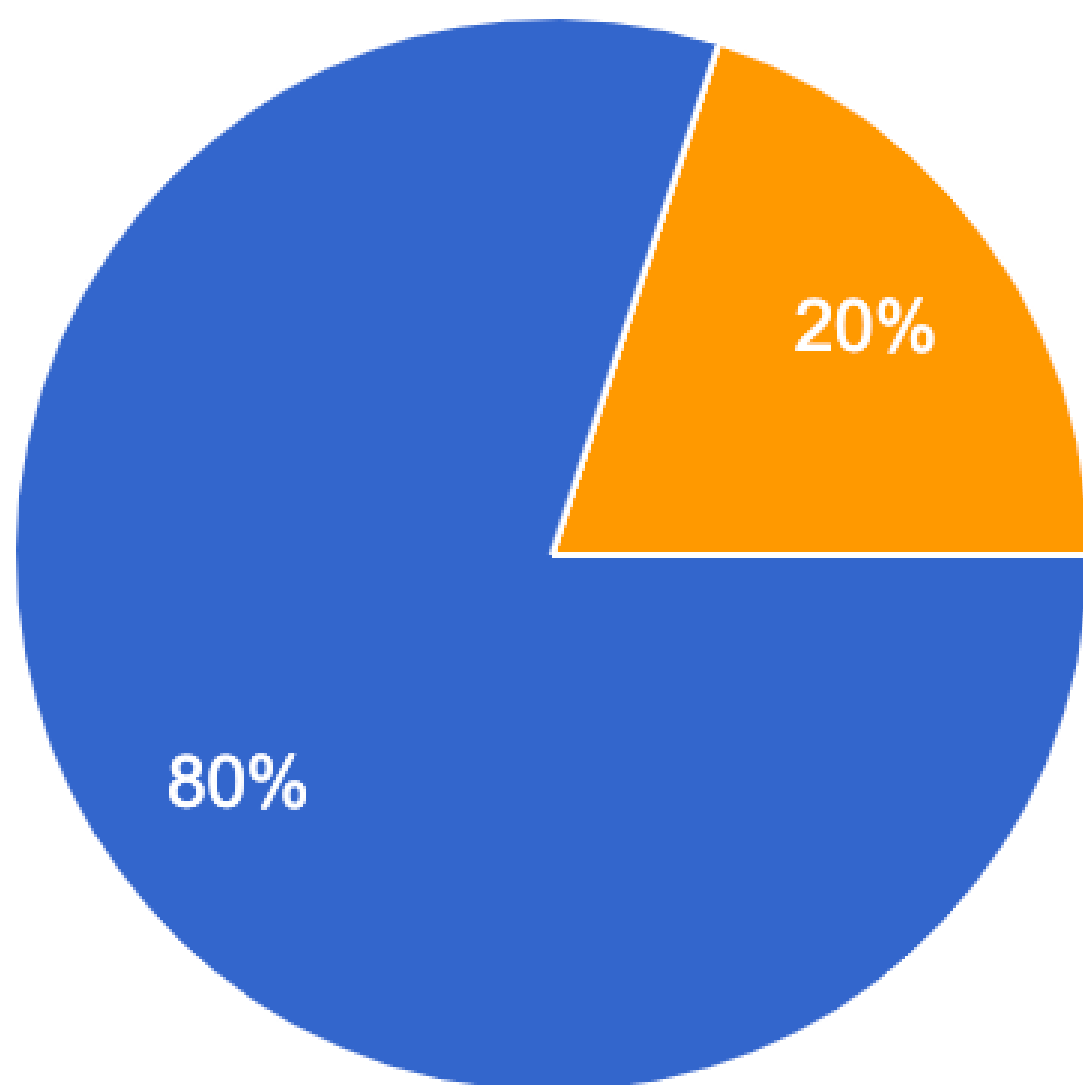


It is time to train.

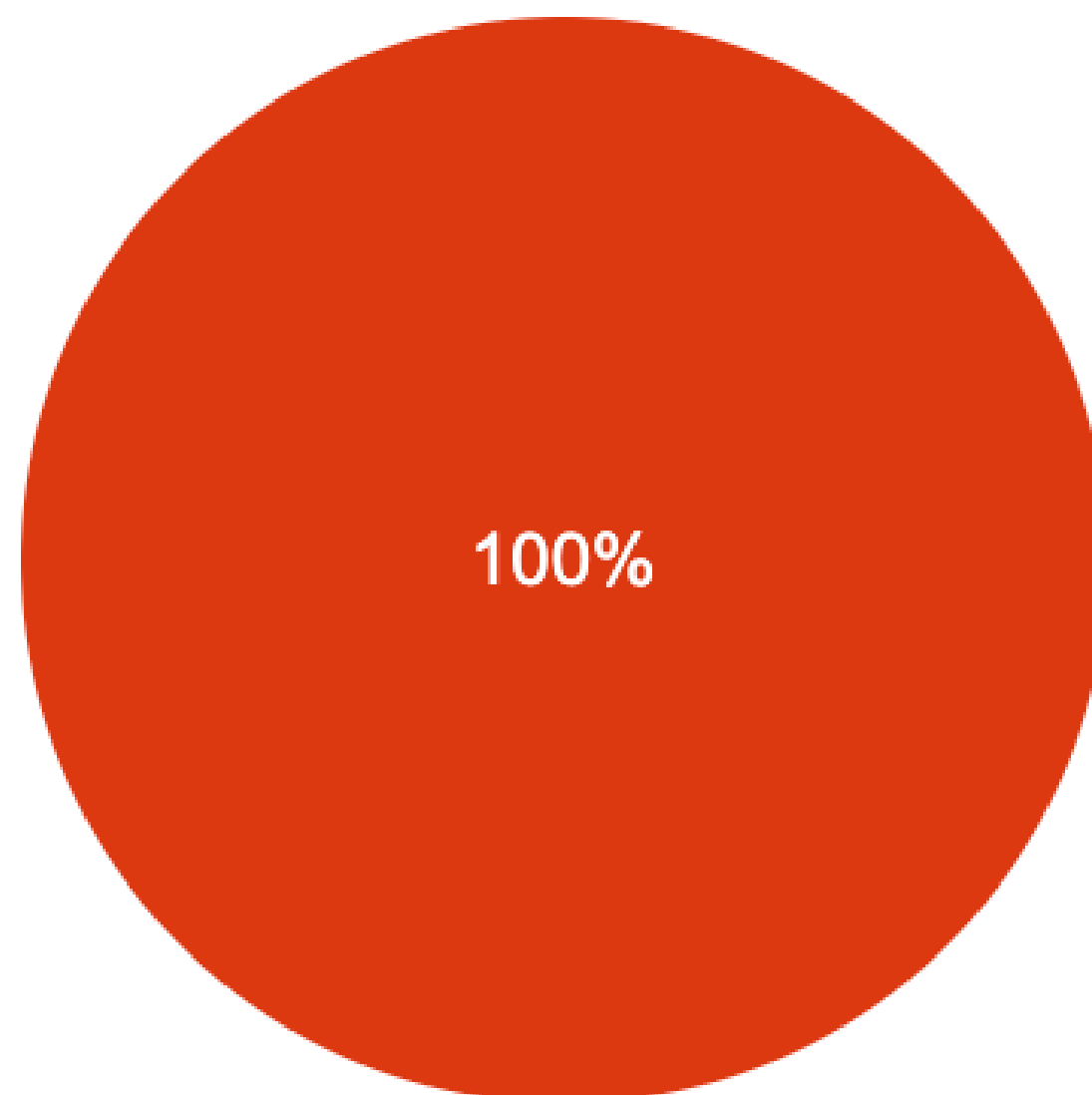




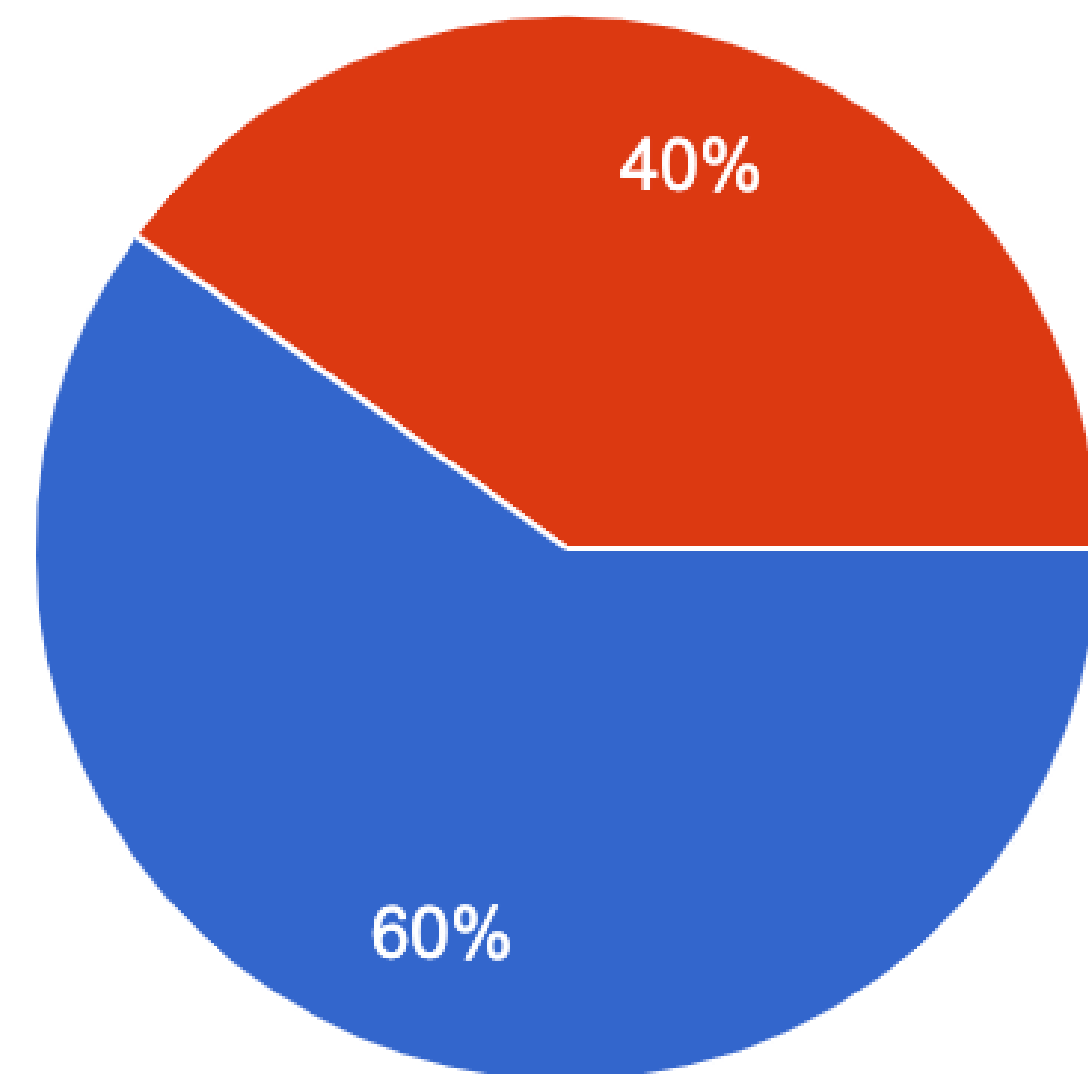
Choose which reflects your current feeling: "What I have learned in Pride will make me a **better human**" (10= 100%, 1=Not at all)



How has my experience of the symptoms of my mental-health challenges changed over the past twelve months? (Select the most accurate)



Choose which reflects your current feeling: "What I have learned in Pride makes me a **better leader**" (10= 100%, 1=Not at all)



How did it FEEL in their minds?

I am focused on my North Star, unswayed by the wind

6.57 -> 8.8 (22.3%)

I feel free, authentic, and real

7.14 -> 9.2 (21.6%)

I feel connected to and love my community

7.5 -> 8.8 (13%)

What was the EXPERIENCE in their bodies?

I am free of anxiety

6.2 -> 7.6 (14%) 80% effect

I am free of overwhelm

5.8 -> 7.8 (20%)

I am free of depression

7.5 -> 9.6 (21%)



How is this showing up in their SERVICE?

Improving challenging relationships or personality conflict


6.2 -> 9.2 (30%)

Effectively working "across the aisle" or with differing interest groups/factions

7.5 -> 8.8 (13%)

My service is making a difference

8.4 -> 9.8 (14%)

- 
1. We heal the individual
 2. We heal the collective
 3. We heal the system
 4. We heal our nation

What we do

We provide coaching

Get clear, build alignment, clear internal blocks, reprogram old stories and **become your highest self in life and leadership.**

Who is this for

Teams + Individuals

Mayors, commissioners, state reps, city managers, policy advocates, non-profit + NGO workers: **Public servants!**

How We Do It

Meet you and your team where you are

+ Coaching

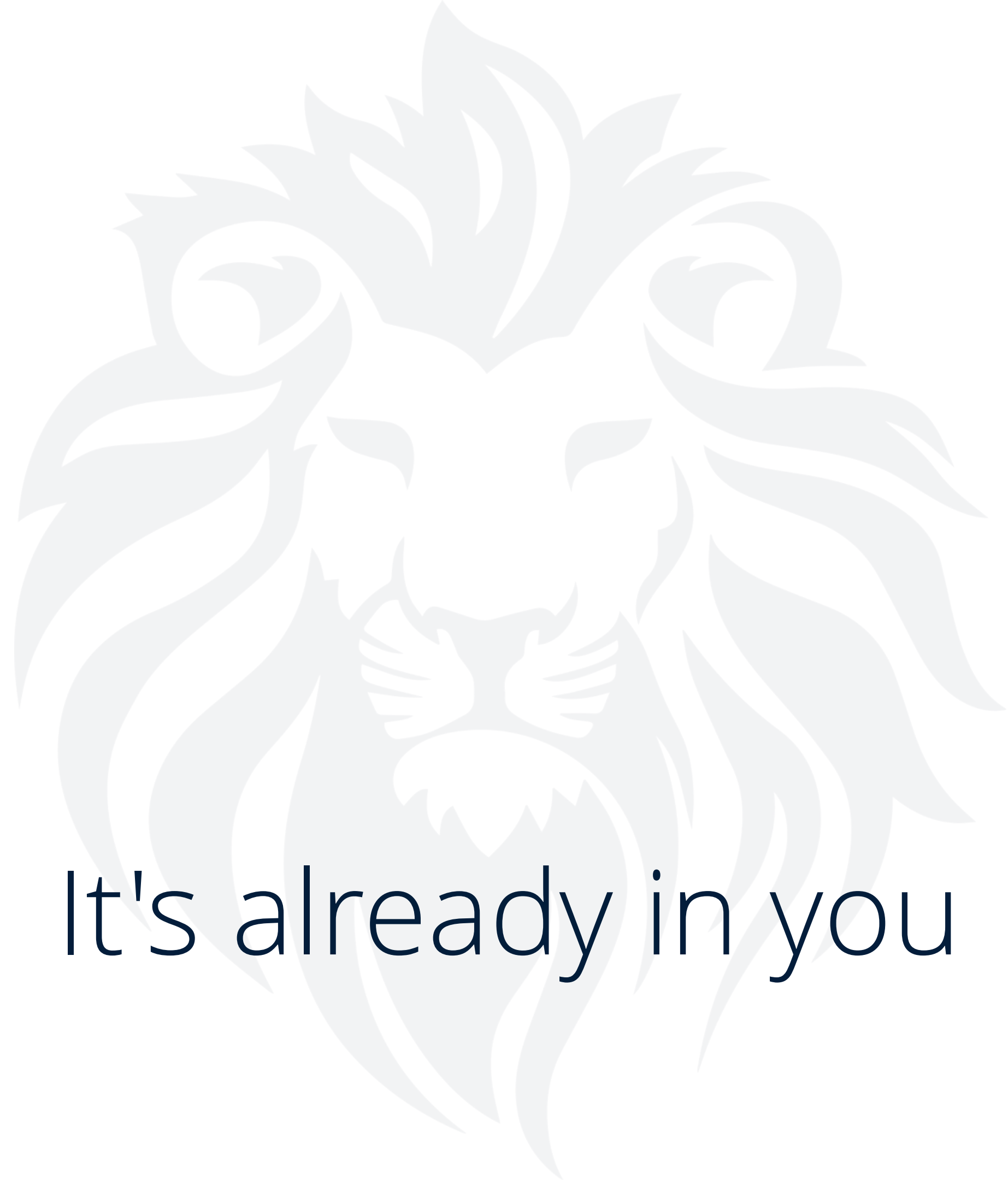
+ Retreats

+ Cohorts

+ Team Building

+ Membership

+ Free Awareness Talks



It's already in you

NLC Special

Book a 30-min consultation



- 📍 **100% Free**
- 📍 **No strings attached**
- 📍 **Learn if coaching is right for you and your team**

**** Services paid out of
EAP, Wellness + Council Budgets**



THANK YOU FOR ATTENDING

Please don't forget to rate the session on the CML Conference App

Go to session & click on survey